

# Sculpting Air:



**NEXT SESSIONS:**

**SATURDAYS**

**FEB 4 & 25, 2012**

**1-4PM**

**BERKELEY ARTS FESTIVAL**

**(former storefront)**

**2133 UNIVERSITY AVE.**

**\$30-60 per class**

**sliding scale**

# Vocal Adventures in the Body

## Workshop with Theresa Wong

Theresa will lead a workshop exploring the voice through raising awareness of the body. During the workshop, the following topics will be explored: using the breath, singing long tones, awareness of body tension, the location of vibration frequencies and creating sounds via focusing awareness on the body. Simple games of conducting via free movement gestures will be used to generate vocal sounds including textures, melodies, text and noises to allow the voice to take flight into its infinite expressive qualities. The emphasis will not be on 'having a good voice', but rather on each individual's use of their voice in a natural and personal way. Together as a group, we will also come up with different approaches of generating sound which stem from tuning in to one's own body; for example, 'giving voice' to different body parts and incorporating movement as a way to bring a sound to life, or to 'sculpt air'. We will develop a set of basic sound generating ideas to jump off into more freely structured improvisations as well as explore the organization of these improvisations into compositions as a group. All levels/experience with the voice are welcomed.

**TO RESERVE A SPOT, WRITE TO: [tree\\_wong@yahoo.com](mailto:tree_wong@yahoo.com)**

**1) Name**

**2) Contact phone**

**3) Indicate if you will attend on 2/4, 2/25 or both days.**

**You will receive a reply email with more details.**



photo by Michael Smith

Theresa Wong is a cellist, vocalist, composer and improviser active in the field of experimental music and performance. Bridging areas of musical and visual expression, Wong seeks to find the opportunity for transformation in each work for both the artist and receiver alike. Wong has collaborated with such artists as Fred Frith, Gianni Gebbia, Ellen Fullman, ROVA Saxophone Quartet, Carla Kihlstedt and Joan Jeanrenaud. Her performances have been included at the Fondation Cartier in Paris, Yerba Buena Center for the Arts in San Francisco, Unlimited 21 Festival in Wels, Austria and The Stone in New York City.

[www.theresawong.org](http://www.theresawong.org)

[www.berkeleyartsfestival.com](http://www.berkeleyartsfestival.com)